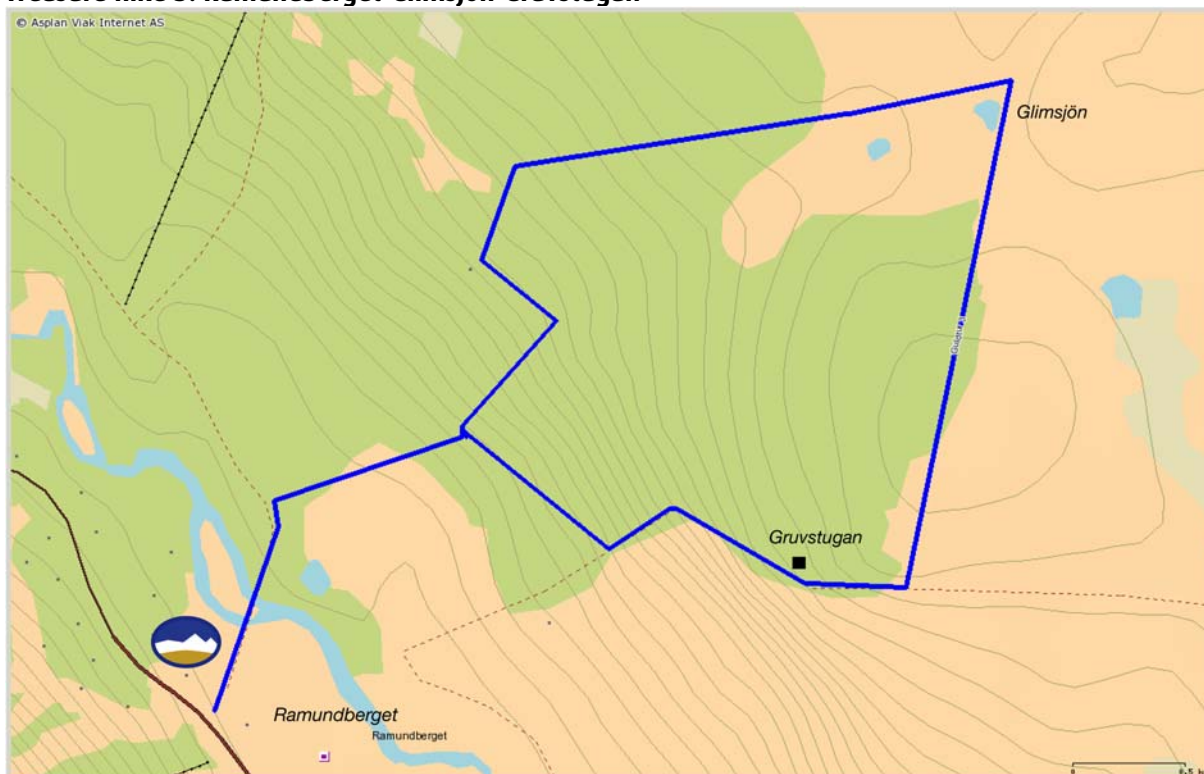


Treasure hike 3: Ramundberget-Glimsjön-Gruvstugan



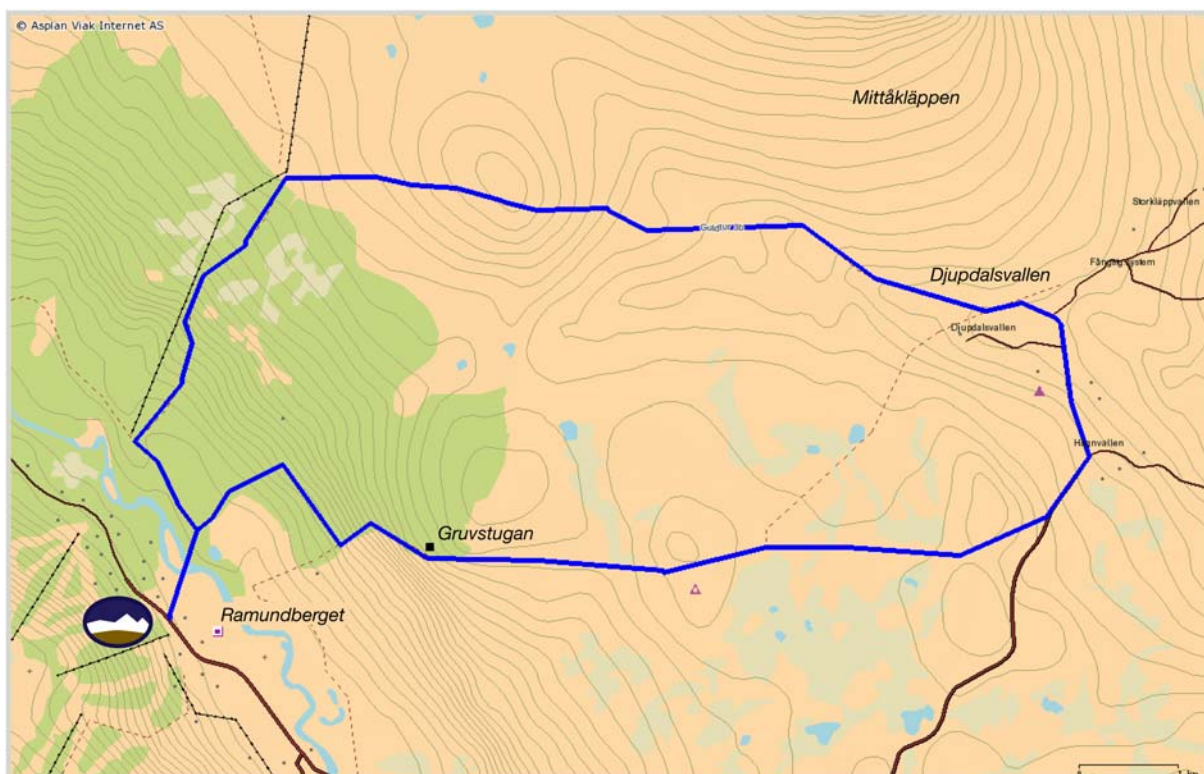
A fine and easily walked route for all the members of the family with various exciting things to explore.

The tour starts on the other (north) side of the River Ljusnan, via a bridge located below the hotel; orange markings to the mines and Mount Mittåkläppen. Steep walk uphill to Hålliden; the path forks after ca 1 km, choose the one to Hålliden. At Hålliden you will have great views over the River Ljusnan valley; maybe enjoyed in the company of a hot dog and drinks.

The path continues behind the cottage to Lake Glimsjön, an easy path to walk. Around Lake Glimsjön you can watch the old open-cast mines. This is a favoured location for the pretty red alpine catchfly. Lake Glimsjön is a pleasant spot for a picnic; the place is equipped with a barbecue. Enjoy the views of the peaks Mittåkläppen and Axhögen.

On the southern shores of Lake Glimsjön, the path continues to Gruvstugan, yet another easily walked path. The path forks after ca 1 km; choose the one to Gruvstugan. As you approach the mines, you will find yourself on 'Gruvturen', a path signposted with information about the mining era, starting in the 1600s and lasting for about 200 years. In Gruvstugan there is a lot to explore, such as the powder hut, the drifts (a torchlight may come in handy) and the cottage Gruvstugan itself, from the 18th century, open for a picnic. The last part of the tour is quite steep downhill to Ramundberget. A dry and pleasant hike for the entire family.

Treasure hike 3b: Ramundberget-Djupdalsvallen-Gruvorna



A fine and easily walked hike on dry ground in alpine terrain along Mount Mittåkläppen, with fine views and interesting heritage sights.

Ramundberget – Slänggungan – Djupdalsvallen – Gruvorna – Ramundberget

The hike starts on the other side of the River Ljusnan below the hotel. Follow the markings towards Klinken. After ca 400 m you will reach a sign showing 'Slänggungan'; bear right uphill (the trail to Helags & Fältjägarstugan) and follow the path up on the bare mountain.

Just above the treeline, the path forks, take the right one to Djupdalsvallen. An easy, great hike along Mount Mittåkläppen via Gruvvålen down to Djupdalsvallen. Have a drink of ice cold water in the Djupdalsbäcken brook or refreshments in the café.

Continue along the road past Hångvallen; after the sign Hångvallen go on another ca 350 m, then turn right on to the path towards the mines – Gruvorna – (the sign shows Fornlämning 1.5 km).

An easy and pleasant hike via the open cast mines of Gammelgruvan up to Gruvstugan on dry ground.